

# Integrative Psychedelic *Practitioner Certification*

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*Grow into holding space*

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This training isn't just a transmission of tools: it's it is a living, breathing invitation into a growing community rooted in relational, embodied, and regenerative ways of being.

We long for deeper connection, intimacy with life, and meaningful change, and we know many of you do too.

We come together to grow our capacity to hold space with authenticity, humility, integrity, and aliveness.

We invite you to walk this path with us, to become heart-centered practitioners in the evolving, interdisciplinary field of psychedelic care.

What makes this journey unique is how we weave together ancestral wisdom, cutting-edge science, somatic intelligence, and creative expression, from nature connection and voicework to systems thinking and collective healing.

This training opens a shared field of learning and care, where practice becomes part of how we live, relate, and heal together.







Presentation



## *Who we are.*

Kiyumí is a multidisciplinary collective offering integrative, psychedelic-assisted learning and care.

In a world longing for deeper connection and meaningful change, this is a place to grow your capacity to hold space—with authenticity, humility, and heart.

## *What we do.*

We bring together science-based, trauma-informed approaches with the wisdom of global plant medicine traditions to support deep personal and collective transformation.

Through somatic, contemplative, and expressive practices, we work with non-ordinary states of consciousness as powerful gateways to reconnection with self, with others, and with the living world.







## *How we do it.*

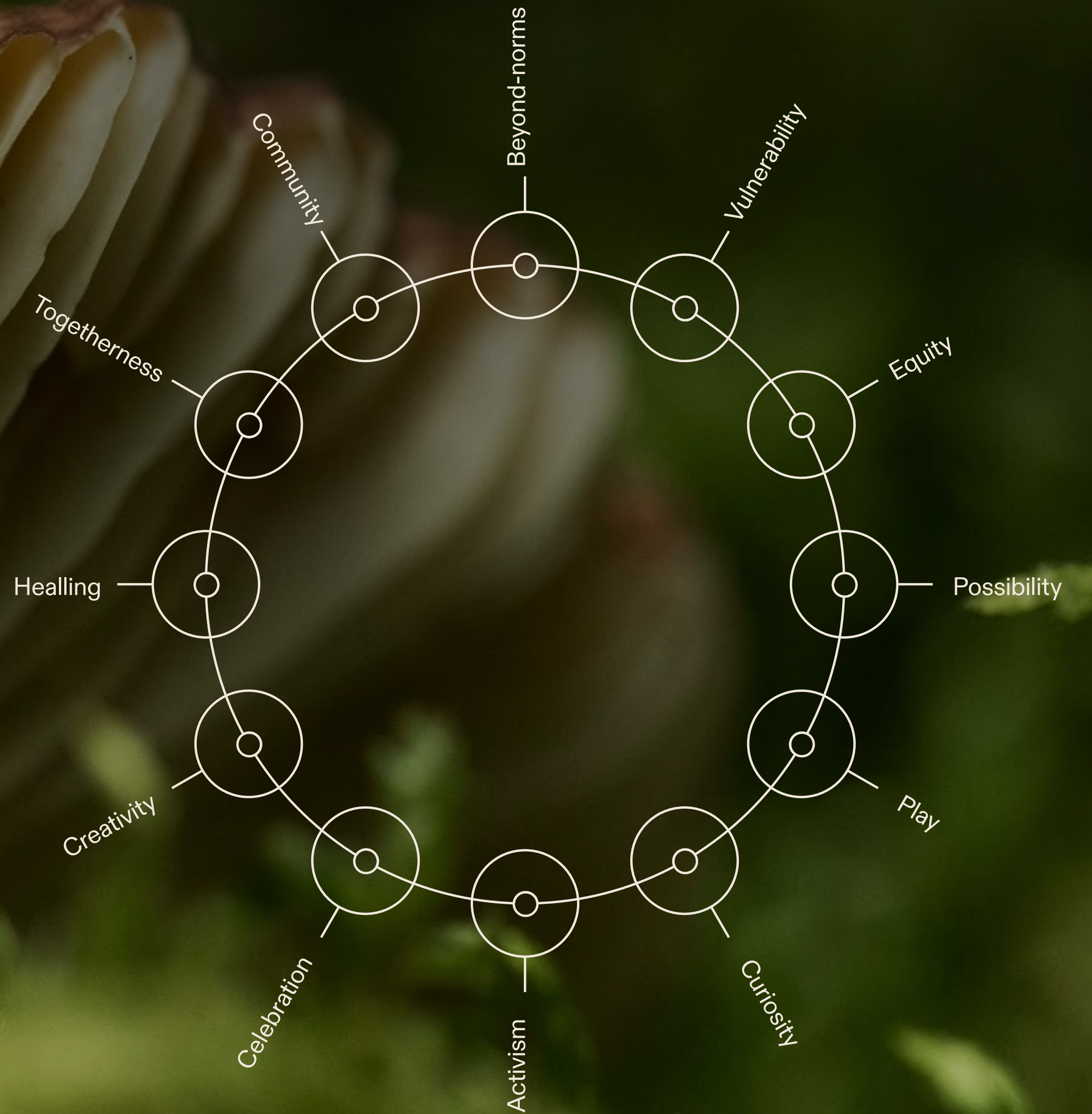
Our approach is rooted in the understanding that healing is not a solitary act, but a relational one. The ways we heal shape how we relate, organize, and imagine new possibilities for society. We create inclusive, trauma-informed spaces that encourage authentic exploration and creativity, blending evidence-based practices with global plant medicine wisdom to foster deep personal and collective transformation.

## *Why Kiyumí.*

We are a team of experienced facilitators, researchers, therapists, artists, and spaceholders brought together by a shared commitment to integrity, depth, and presence. Our work is anchored in care for each individual, care for the collective, and care for the earth.



*Values that  
shape our work.*







About the certification



Upon completion, trainees receive our certificate for the **Integrative Psychedelic Practitioner Training**. This is not a licensure pathway, but it offers a strong foundation in ethical, trauma-informed, and somatically grounded facilitation. The certificate is recognized by peers and organizations in the psychedelic field.

- 6-day immersive retreat including one supervised spaceholding session and a guided personal psilocybin journey
- Monthly live online workshops with guest teachers and Kiyumí faculty (3hrs)
- Monthly live and interactive online workshops (3 - 6 hrs/month)
- Monthly small mentored peer group sessions (6 hrs/month)
- Weekly commitment of approx. 4 hrs
- On demand learning platform for extra recorded sessions and complementary resources
- Self-study prompts and exercises to deepen personal journey
- Preparation & integration support for personal process, including 1on1 check-ins with dedicated facilitated
- Educational workshops and exercises to deepen spaceholding journey
- Preparation & Integration Kit to support personal journey

**Requirements to certify for full training**

Attendance of 80% of mentored peer group sessions.

Attendance of immersive training retreat.

End of program project.



**Requirements to certify for online training\***

Attendance of 80% of mentored peer group sessions.

End of program project.

\*If you're interested in only the online training, please reach out. Cost: € 2,950



# Methodology

## Interactive & Experiential

Legally and safely explore your own psychedelic experience.

## Peer mentored groups

Demonstrations, role play, and practices to improve your skills.

## Learning from experts

A team that teaches you about their field of expertise.

## Relational & cultural awareness

We honor lineage, community, and land, inviting collective healing rooted in shared belonging.

## Trauma-informed framework

Safety, ethics, and consent are interwoven throughout preparation, journey and integration.

## Embodied learning

Movement, breathwork, and voice practice anchor theory in lived experience.





## *Who is it for?*

- Therapists
- Coaches
- Healthcare providers
- Community organizers
- Somatic practitioners
- Caregivers committed to trauma-informed, socially aware facilitation.

*Prior experience is welcomed, but not required.*







Our Faculty



# Meet our faculty

*Dr. Peter Levine*

Founder of Somatic Experiencing  
& Trauma Specialist



*Dr. Robin Carhart-Harris*

Psychopharmacology  
& Research



*Mary K. Sanders*

Social Justice & Psychotherapy



*Dr. Alex Belser*

Psychedelic Research  
& Clinical Practice



*Britta Love*

Somatic Sex Education



*Ismail Ali*

Policy & Advocacy



*Joshua Schrei*

Myth & Embodiment



*Saj Razvi*

Trauma-Focused  
Psychotherapy



*Dr. Ido Cohen*

Integration Psychology



*Hanifa Washington*

Healing Justice Practitioner



*Jason Silva*

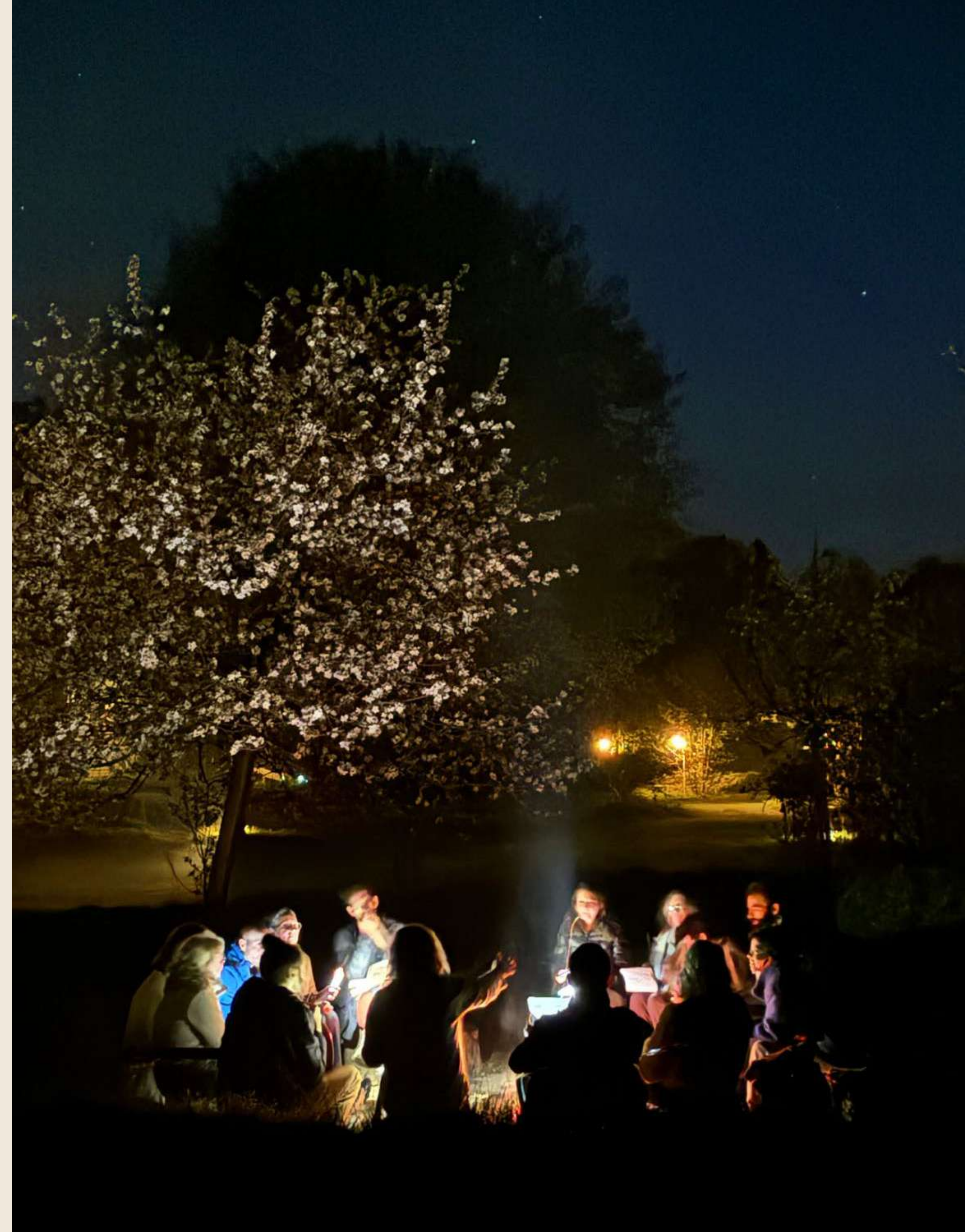
Futurist & Storyteller





## Mentors & Facilitators

- *Dr Julia Javkin*
- *Dr Juan Paris*
- *Lia Amit*
- *Lisa Wessing*
- *Amit Elan*
- *Publio Valle*
- *Juliana Bizare*
- *Ohad Nave*
- *Asha Passalacqua*
- *Avner Miryam*
- *Dr Arturo Rodarte*
- *Amit Zilberberg*
- *Dror Blau*







# Experiential Training Retreat



*6 day*  
immersive retreat  
in Netherlands







# Program overview



## *Key dates and components*

**Live online learning** | October 2025 – April 2026

Sessions held Wednesdays at 18:30 CET

**Final project and certification** | April 2026

**6-day immersive retreat** | Choose one 6-day session:

- Nov 18 – 23, 2025
- Dec 1 – 6, 2025
- Jan 9 – 14, 2026
- Jan 17 – 22, 2026





# Online training schedule

**Start Date:** 8th October 2025 — **End Date:** 29th April 2026

Classes are held on Wednesdays from 18:30 to 21:30 CET

2025

## October

- 8th** Opening ceremony
- 15th** Peer group orientation
- 22nd** Workshop
- 29th** Peer group session

## November

- 5th** Workshop
- 12th** Peer group session
- 26th** Peer group session

## December

- 10th** Workshop
- 17th** Peer group session
- 22nd** Workshop

2026

## January

- 7th** Workshop
- 28th** Peer group session

## February

- 4th** Peer group session
- 11th** Workshop
- 18th** Peer group session
- 25th** Workshop

## March

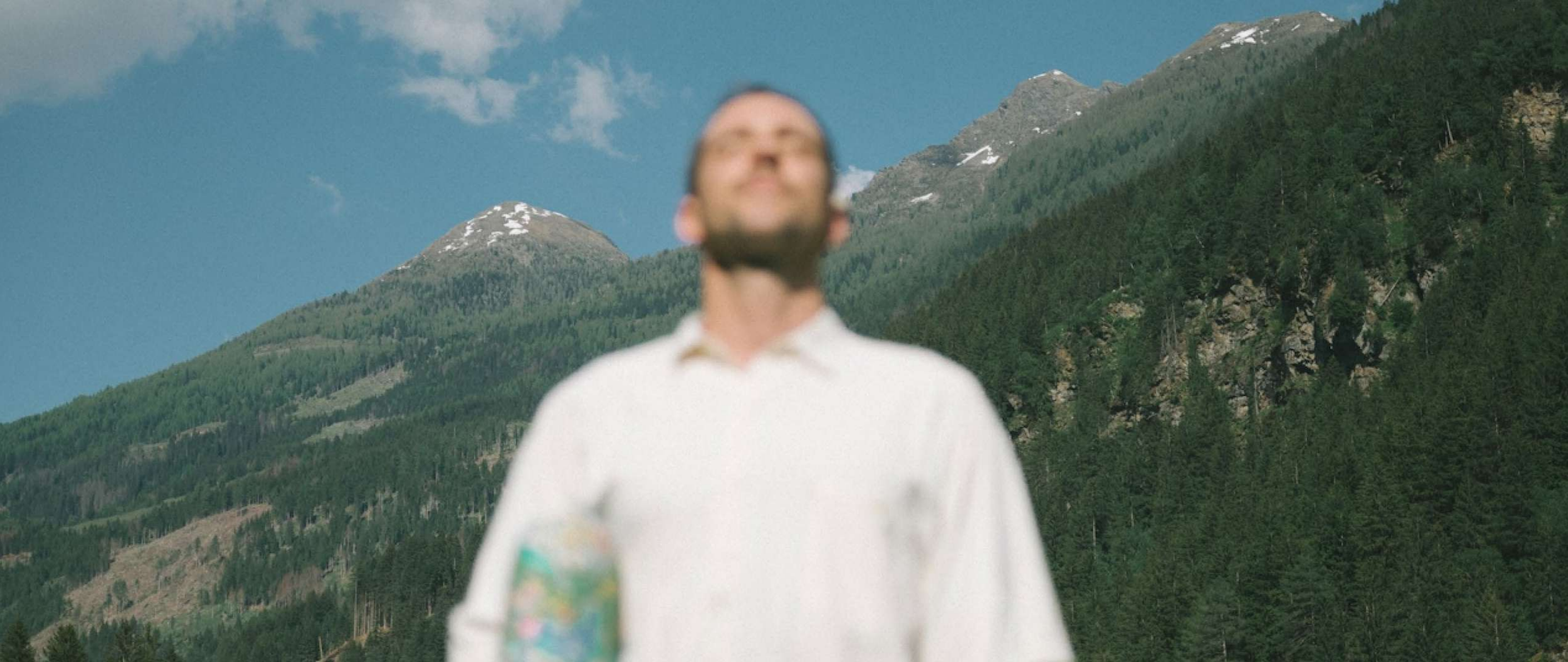
- 4th** Peer group session
- 11th** Workshop
- 18th** Peer group session
- 25th** Workshop

## April

- 1th** Peer group session
- 15th** End of program session
- 29th** Closing Ceremony

*Bonus sessions to be announced.*





**Learning Modules**







## 1 - Fundamentals of Facilitation & Space-Holding

Screening, safety, ethics, and the full arc from preparation to integration.

**October - November**



## 2 - Building Bridges: Tools for Integrating Mind, Body and Spirit

Somatics, mindfulness, nature connection, and creative expression..

**December - January**

## 3 - Reclaiming Wholeness: Grief, Play and Intimacy with Life

Working with grief, pleasure, and relational dynamics as portals to aliveness.

**February**



## 4 - Community, Culture & Care

Decolonial practice, equity, legal landscapes, and service to collective well-being.

**March**







# Overall Learning Outcomes

- Clarify your personal approach and identity as a facilitator
- Create and maintain safe, attuned, and ethically grounded containers
- Develop a sustainable, reflective facilitation practice
- Understanding the importance of sound, vibrations, and music in psychedelic work and begin to curate
- Navigating with cultural humility and gain decolonial awareness

- Design and guide preparation and integration sessions
- Incorporate ritual, intention-setting, and symbolic practices
- Understand transference, countertransference, and boundary navigation in relation to supporting touch and interaction
- Identify trauma responses and crises
- Understand the physiological and psychological foundations of non-ordinary states

- Understand the therapeutic use and risks of psychedelics
- Collaborate with peers and communities of practice
- Understand and apply trauma-informed principles
- Understand cultural and ecological discourses related to psychedelic community
- Apply somatic, creative, and mindfulness-based techniques for preparation and integration

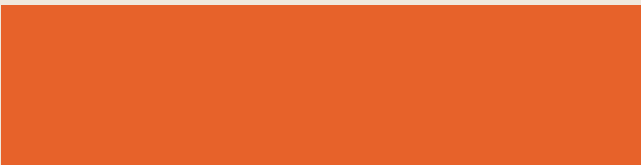
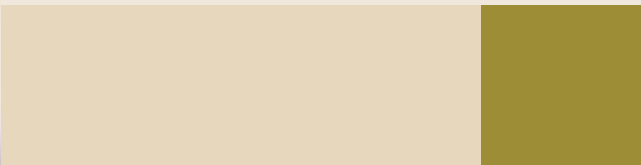




# 1 - Fundamentals of Facilitation & Space-Holding

October - November

Screening, safety, ethics, and the full arc from preparation to integration.



# Curriculum Structure

## 1. Wellbeing Versus Pathology

- Health and wellbeing on a spectrum
- Self-efficacy, resilience, empowerment, and thriving

## 4. The Arch of Psychedelic Work Creating and Holding the Container

- Preparation of people and space
- Psychedelic sessions
- Integration & aftercare

## 7. Medical and Physiological Background

- Dosage / substance
- Risks / contraindications
- Screening, protocols and assessment

## 2. Trauma-Informed Therapeutic Work

- Overview of essential concepts
- Trauma in and outs including approach, language, and practice

## 5. Somatic Body Experience in Psychedelic Work

- Touch, boundaries, and presence
- Somatic expressions of trauma
- Unshaming natural responses; sexuality within psychedelic care

## 8. Indigenous Knowledge and Theory

- Spiritual realm & approach to psychedelics in a connected world
- Ritual & ceremony
- Mental Health and Shamanism

## 3. Facilitator’s Position and Tools

- Ethics
- Fundamental qualities to cultivate
- Midwifing Consciousness: Sitting / Guiding / Therapy
- Transference & countertransference

## 6. Accessing Deep States Psychedelic Experience and Crisis

- Harm reduction during crisis and spiritual emergencies
- Psychological & physiological Reactions: Identification and care within facilitation

## 9. Healing the Healer

- Internal quest and mastering of personal processes / Service
- Connection to spirit, mind and body
- Self care & Preventing Burnout (Support, rest, slow down)
- Practitioner practices of protection, cleansing, boundaries & transference, self-regulation
- Facilitator Blindspots & Ego dynamics



## Module Learning Outcomes Summary:

**By the end of this module, trainees will:**

- Understand how to support individuals in non-ordinary states through a heart-centered, trauma-informed, and ethically grounded approach.
- Gain foundational knowledge of the physiological and psychological dimensions of altered states.
- Develop cultural competence and awareness of ethical responsibilities in facilitation.
- Learn to guide the full arc of the psychedelic process, from preparation to integration, with particular attention to deep states and crisis navigation.
- Shift from a pathology-based lens to one centered on empowerment, vitality, and self-efficacy.
- Deepen awareness of the facilitator's inner work as a core aspect of safe and skillful spaceholding.
- Preparation & Integration Kit to support personal journey.





## 2 - Building Bridges: Tools for Integrating Mind, Body and Spirit

December - January

Somatics, mindfulness, nature connection, and  
creative expression.





# Curriculum Structure

## 1. Essential Tool Kit

- Self-regulation & co-regulation
- Felt sense and interoception
- Resourcing
- Resonance, reflective listening
- Non-violent communication  
& empowerment based language
- And much more...

## 4. Nature Connection

- Deep ecology & interconnectedness
- We are nature
- Attuning to natural cycles & tempo
- Food as medicine
- Web of life: indigenous cosmovisions

## 2. Somatic Practices and Expression

- Body awareness & restorative techniques
- Intuitive movement and improvisation
- Tension, trauma, and nervous system regulation
- Creative exploration & somatic art therapy
- Sound & voice release
- Authentic relating & embodied communication

## 5. Tools used Through Ages

- Ceremonial tools
- Music & Soundscape design
- Traditions over time
- Contemporary rituals

## 3. Mindfulness

- Mindful Observation
- Gratitude & loving-kindness meditations
- Self-inquiry practice
- Journaling & storytelling
- Sacred Pause & stillness practices
- Intention setting & affirmations
- Breathwork techniques as anchors and activators





Building Bridges: Tools for Integrating Mind, Body and Spirit

## Module Learning Outcomes Summary:

**By the end of this module, trainees will:**

- Develop somatic awareness and presence as foundational tools for psychedelic spaceholding.
- Learn to anchor themselves and support others through challenging experiences with steadiness and attunement.
- Explore how somatics, creative expression, mindfulness, and nature connection can be integrated into safe and resonant facilitation.
- Gain experiential understanding of how traditional healing practices inform and enrich contemporary psychedelic work.
- Strengthen the ability to hold space in a way that honors both modern and ancestral pathways of healing.





# 3 - Reclaiming Wholeness: Grief, Play and Intimacy with life

February

Working with grief, pleasure, and relational  
dynamics as portals to aliveness.





Reclaiming Wholeness: Grief, Play and Intimacy with life

# Curriculum Structure

## 1. Expressions of Being

- Full spectrum of being
- Releasing shame and embracing vulnerability
- Compassion for all parts
- Intimacy, connection, and relational dynamics
- Pleasure as a gateway to embodied presence; pleasure activism

## 2. Grief and renewal

- Exploring cycles of grief and release
- Cultural differences in holding and processing grief
- Loss & renewal
- Expression & release
- Rituals for integration
- Epigenetics & ancestral trauma

## 3. The Power of Play

- Rediscovery of child soul in adulthood
- Play as pathway to connection and creativity
- Laughter, spontaneity, and the joy of being
- Exploration transformative potential of play





reclaiming Wholeness: Grief, Play and Intimacy with life

## Module Learning Outcomes Summary:

**By the end of this module, trainees will:**

- Explore non-linear and unconventional pathways to healing that embrace the full spectrum of human emotion and expression.
- Engage with practices that connect grief, play, vitality, and creativity as interwoven aspects of transformation.
- Understand how movement, play, and collective synergy can act as catalysts for emotional and spiritual connection.
- Learn from frameworks such as pleasure activism and trance work to support deeper states of relational and embodied healing.
- Cultivate an inclusive and compassionate approach that honors aliveness, diversity, and the collective dimensions of healing.





# 4 - Community, Culture & Care

March

Decolonial practice, equity, legal landscapes, and service to collective well-being.





# Curriculum Structure

## 1. Political Panorama

- Exploring legalization, regulation, and decriminalization within psychedelic context
- Possible roles of facilitators within political landscapes

## 4. Indigenous Context and Decolonisation

- Honoring indigenous knowledge
- Exploring reciprocity
- Reflections on how decolonisation informs healing practices and facilitates systemic change
- Web of life: indigenous cosmovisions

## 2. Environmental and Social Awareness

- Exploring relationship between ecological sustainability and healing practices
- Appreciation of possible impacts on collective well-being

## 5. Service to the Collective

- Inspiring heart-centered, nurture-focused leadership
- Collective peacemaking within intimate and larger circles
- Building meaningful relationships for the present & future

## 3. Access and Equity

- Serving diverse communities (LGBTQI+, BIPoC, etc.)
- Addressing systemic inequities
- Possible areas of advocacy





Community, Culture & Care

## Module Learning Outcomes Summary:

**By the end of this module, trainees will:**

- Understand the societal, political, and ecological contexts that shape contemporary psychedelic work.
- Explore themes of legalization, equity, and environmental responsibility within facilitation practices.
- Learn how to ground their work in reciprocity, decolonial thinking, and cultural sensitivity.
- Reflect on the role of community, leadership, and ethical responsibility in supporting collective healing and systemic change.
- Envision ways their facilitation can contribute to a more just, inclusive, and sustainable world





Common questions



# Common questions



- **What will I gain and learn from participating in this program?**

The Kiyumi Facilitator Training emphasizes somatic and contemplative skills while offering an experiential learning journey. The program integrates personal exploration with the opportunity to practice spaceholding in a supervised, supportive container.

Through this program, you will:

**I. Develop skills to hold space** with presence, authenticity, and compassion.

**II. Cultivate a somatic and mindfulness-based practice** to sustain your work and personal growth.

**III. Gain hands-on experience** in creating trauma-informed and inclusive spaces for others' transformation.

**IV. Explore ethical considerations**, including reciprocity, cultural sensitivity, and restorative justice.

**V. Build a supportive network** of peers and mentors to deepen your journey.

This training blends personal experience and professional practice, preparing you to embody the skills needed for safe and impactful facilitation.

- **Do I need to be a licensed therapist?**

No. A background in helping professions or facilitation is preferred, but passion and readiness to learn are key.

- **Will I be certified to facilitate legally?**

You'll earn a Certificate of Completion; legal authorization depends on your jurisdiction.

- **What is the weekly time commitment?**

Expect 1–4 hours, with flexibility for self-paced study.

- **Are scholarships available?**

Yes – our Equity Scholarship Fund offers 25–100% tuition support.

- **Does the training cover facilitation for substances other than psilocybin?**

While the training primarily focuses on psilocybin, the principles and practices taught are highly versatile and can be applied to working with other psychedelics. The curriculum includes foundational skills in spaceholding and integration that are relevant across different substances, and occasional discussions touch on other psychedelics. Participants often find that the knowledge and experience gained in the program enrich their ability to facilitate in diverse contexts.

- **What are mentored peer groups?**

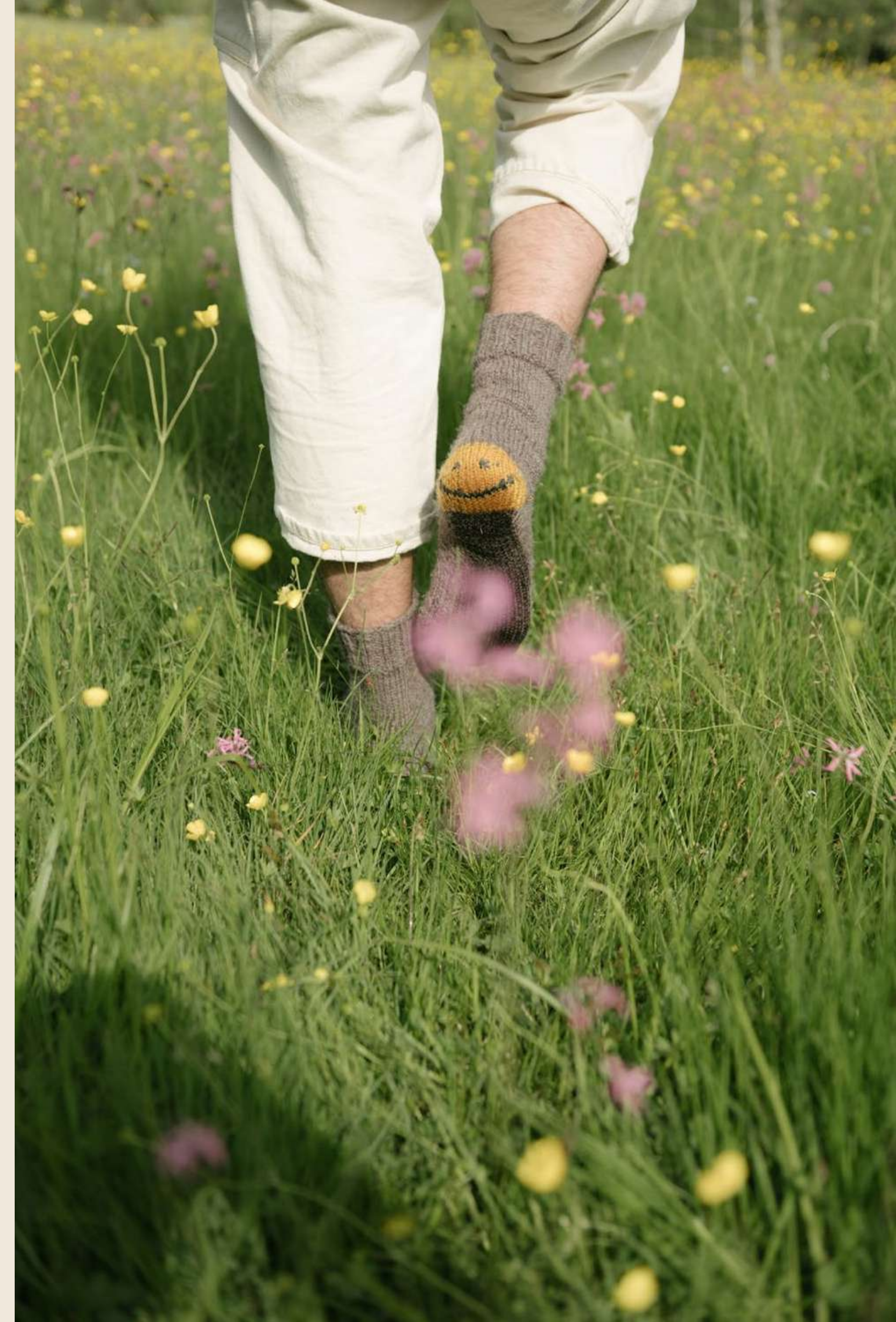
Throughout the training, you will be part of a peer group consisting of 15–20 participants. This group will serve as your primary learning community, accompanying you through the program and the immersive retreat. Peer groups provide a supportive environment for in-depth exploration of various topics, exchange of experiences, and close guidance from a dedicated peer group mentor. This dynamic setting fosters personal growth and equips you to work with diverse individuals and communities in the future.



# *Start your journey with us*

**Book a free exploration call or apply now**  
to secure your place.

Tuition for the 6-month training  
**including the experiential retreat is €6,350**





# Contact

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*Feel free to reach out – we're happy to answer your questions and help you decide if this path is right for you.*





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